

# BRANCHING Out

#### A Publication of the AAUW Carlisle (PA) Branch - Organized 1924

AAUW - Advancing equity for women and girls through advocacy, education, philanthropy, and research

Volume 56, Number 1 August 2019

#### **Membership Social & Silent Auction**

Let's get together on **Tuesday, August 27 at 6:00 p.m.** to welcome new members and kick off the upcoming membership year. It's time to reconnect after the 95<sup>th</sup> celebration in May. If you would like, bring a guest, as this is the perfect opportunity to introduce prospective members to our Branch. The Membership Social will begin at 6:00 p.m. with dinner. Dinner will be followed by the silent auction, an opportunity to learn about our Branch and what it has to offer and how you can get involved. There will also be a fun get-to-know your fellow Branch member activity.

If your last name starts with an A-E please bring a finger food to share, a F-P a salad to share, and a Q-F a dessert to share. Place your items on the food tables when you arrive at Second Presbyterian Church located at 528 Garland Street in Carlisle. Then, drop off your silent auction item, pick up your nametag and new membership yearbook, do a little networking and find yourself a seat.

As mentioned, the evening's highlight will be the always-popular silent auction. Proceeds from the auction benefit Branch activities. There are several options to participate in the silent auction in addition to bidding on items:

- 1. The "traditional" approach: Bring a donation for the silent auction-something you would like to receive, like homemade items (crafts and baked goods), filled theme baskets, artistic items.
- 2. The "creative synergy" approach: Team up with one or two other members to bring one nice basket or creative item.
- 3. The "quick" approach: Bring a small gift card from a favorite local establishment.
- 4. The "easy" approach: Bring nothing! Above all we want you to come, socialize and get energized for the year ahead!

So, bring a guest if you like, a dish to share, perhaps an item for the silent auction, your checkbook and of course YOURSELF!

RSVP to Virginia Mauk by text/call 240-338-2862 or emailing virginia.mauk@gmail.com by August 25.

The membership committee could use a little help cleaning up afterward. If you are available please contact Gail D'Urso at gailcdurso@gmail.com. Thank you in advance!

Gail D'Urso & Virginia Mauk Membership Vice Presidents

August 10	9:00 a.m.	Breakfast Club	Fairgrounds Diner, 1111 Spring Road, Carlisle
August 22		Equal Pay Day- Black Women	
August 24	6:00 p.m. – 8:00 p.m.	Voter Registration- Corvette Parade	Sidewalk in front of St. John's Episcopal Church, Carlisle
August 27	6:00 p.m.	Member Social & Silent Auction	Second Presbyterian Church 528 Garland Street, Carlisle.
September 9	7:00 p.m.	Book Group	Host Pat Markowski
September 10	6:30 p.m.	Board Meeting	Bosler Library, Carlisle
September 14	9:00 a.m.	Breakfast Club	Momma Spriggs, 160 York Road, Carlisle
September 28	9:00 a.m. – 5:30 p.m.	Harvest of the Arts – Voter Registration	Downtown, Carlisle

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#### From the President

Happy New Year! AAUW fiscal year, that is. While we don't meet as a branch in June or July, the work behind the scenes doesn't stop.

- Your AAUW Carlisle Board met on June 12<sup>th</sup> for the annual board transition meeting and launched our strategic planning review, which we will complete at the September Board meeting.
- The AAUW Work Smart project team held a salary negotiation workshop on June 29<sup>th</sup>. See page 4.
- Gail D'Urso, Membership VP reached out to members who hadn't renewed.
- Linda Brunski and Barb Attivo processed membership renewals. We ended FY19 with 95 members. FY20 is starting with 90 members! Here are the numbers:
  - o 89 members renewed; 1 new member joined. See page 5.
  - Three of the six non-renewing members relocated out of the Carlisle area.
  - o In FY19, we had 17 new members and all but two renewed.
  - o 42% renewed online! Fantastic usage for the first time offered.
- The Program Committee finalized this year's programs. See page 6.
- Virginia Mauk, Membership VP and Carol McAnulty, AAUW Funds Chair planned the August 27<sup>th</sup> Member Social & Silent Auction. See first page and page 8 for details.
- Carmen Eiserman produced the Yearbook. Get yours at the August 27<sup>th</sup> meeting.
- The Scholarship Committee met to prepare for this year's scholarship process.

Want to get involved? There are positions open on the Board – Community Activities Chair, College/University Liaison, Social Media. Not ready to join the Board – look on the last page of this newsletter for bite-sized volunteer opportunities.

Looking forward to seeing you on August 27th!

Ann Pehle President

## Impressions of my day at the AAUW Pennsylvania Summer Retreat!

Seven AAUW Carlisle members attend the AAUW Pennsylvania Summer Retreat in Lewisburg on Saturday, July 27. Ann Pehle and Peggy Jennings attended as AAUW Pennsylvania Board members. Kate Elkins, Mary Brunski, Barb Attivo, Linda Brunski, and Pat Markowski joined members from branches around the state. Presentations and materials are here <a href="https://aauw-pa.aauw.net/meetings/retreat/">https://aauw-pa.aauw.net/meetings/retreat/</a>.

"What could be better than a day spent with 80 intelligent and talented women dedicated to the mission of achieving gender equity? Being reminded of belonging to an organization that has a strategic plan, resources, and deliverables to achieve that goal! The small group breakout session at the end of the conference was icing on the cake--a chance to share ideas, frustrations, and remedies felt in our various branches. One of the best days ever!"

#### Pat Markowski

"It was good to meet women from across the state interested in AAUW's mission. The session with other Program Managers from other chapters was excellent - lots of ideas for programs we should be looking to provide!" *Mary Brunski* 

"The meeting was a very good learning experience for a "newbie". The learning curve was moderate." **Barb Attivo** 



"The best part of the Retreat was the opportunity to meet with others from across the state to discuss how they approach finance and fundraising. Unfortunately the allotted time was too short!" *Linda Brunski* 

"The Summer Retreat was a wonderful opportunity to recharge our batteries with inspiring women from across the state who are working towards the same goals. The smaller breakout sessions were particularly helpful, with excellent suggestions to consider."

Kate Elkins

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#### **News from AAUW National**

If you keep up with emails from AAUW, some of this content may be old news. Keep reading, anyway!

AAUW <u>election results</u> for AAUW Board of Directors and national Public Policy Priorities were published in June. Across the country 8% of members voted. In Pennsylvania, 198 or 6.83% voted.

The AAUW budget for FY20 is the first balanced budget in a decade. The AAUW Board and staff conducted extensive assessments of year-to-year actual budget spending and revenue projections and built a budget, nearly \$5 million less, that can work for AAUW for the long-term. This resulted in the discontinuation of some programs and reduction of 18 positions. Please be patient as the national staff adjusts to the organization right sizing. The best way to ask a question is to email <a href="mailto:connect@aauw.org">connect@aauw.org</a>, not place a phone call.

Due to cost and inclusion, it was announced there will be no more face-to-face national meetings. National conventions have operated at a financial loss, a cost the budget can't absorb. In the past, less than 1% of members attended the national conventions. While these gatherings are a rich part of our legacy and a unique opportunity for networking, AAUW will move to new ways to convene that could engage many more members and supporters. The first virtual convening will be in January 2020.

<u>Deeper in Debt</u>, AAUW's research on the student loan crisis published in May 2017 exposed the fact that women own two-thirds of the debt. The one-page summary was recently <u>updated</u>. The debt women own is \$929 billion!

AAUW's fellowships and grants have been helping scholars and activists overcome the barriers to their education and advancement for over 130 years. Recipients have become leaders in business, government, academia, community activism, the arts, and the sciences. For the 2019–20 academic year, **AAUW** is awarding \$4 million in fellowships and grants to 259 women and community projects. Read about these amazing women here.

Ann Pehle President

## Summer Program for Youth (SPY)

#### **AAUW and SPY**

A BIG THANK YOU goes to the eleven AAUW Carlisle members who stepped forward to the invitation to sponsor a week's worth of volunteers for the SPY (Summer Program for Youth) program. Working under the direction of the kitchen manager to prep, serve, and cleanup the meals that were served to the campers the week of July 15 were Rose Smith, Patty Stibitz, Nancy Sigrist, Kathleen Gorak, Ann Pehle, Pam Barney, Carolyn Freberg, Cindy Good, Cindy Sutton, Lillian Wong, and Mary Brunski. Thank you, ladies for a job well done. Your time and effort were greatly appreciated.

The SPY program serves 50 children in the Carlisle and South Middleton School Districts for 8 weeks during the summer at no cost to the parents. The Executive Director and President of the Board of Spy will be our speakers at the September 24 branch meeting. This will be a wonderful opportunity to learn more about this long-standing community program.

Carolyn Freberg
Project Chair

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## AAUW CARLISLE STRATEGIC PLAN UPDATE

# Making a Difference: AAUW Carlisle Promotes Pay Equity through AAUW Work Smart Workshop!

To achieve one of our strategic objectives, AAUW Carlisle partnered with Hope Station, Cumberland Valley Rising and the National Coalition of 100 Black Women to host the first of up to six *AAUW Work Smart* workshops to help local working women negotiate salaries, raises, and promotions. Our first workshop was held on Saturday, June 29<sup>th</sup> at Bosler Memorial Library in Carlisle.

A diverse group of 12 working women joined us for this two-hour workshop wherein they gained confidence in their negotiation style through discussions and role-play facilitated by our own Ann Pehle, a certified AAUW Work Smart facilitator. These twelve attendees learned:

- How to identify and articulate their personal value
- How to develop an arsenal of persuasive responses and other strategies to use when negotiating
- How to conduct objective market research to benchmark a target salary and benefits
- About the pay gap, including its long-term consequences on their careers.





**AAUW Work Smart's** innovative curriculum is grounded in the latest research and offers best practices for navigating the complexities of job offers and promotion opportunities.

This event was graciously made possible by donations from AAUW Carlisle, the Carlisle Barracks Spouses Club, and Volvo America allowing participants to attend the workshop at no cost. Also, thanks to our dedicated community partners and to AAUW volunteers Ann Pehle, Kate Elkins, Judy Gilroy, Stacey Gatch, Cindy Murphy, Linda Figueroa, Trina Rice, Molly Shane, Peggy Jennings, Pat Markowski and Nancy Sigrist, who worked tirelessly to get this project off the ground!

For additional details and photos, check out our story at AAUW Carlisle's website: https://carlisle-pa.aauw.net/

#### COMMUNITY ACTIVITIES

#### **OPENING FOR -- Community Activities Chair**

#### **Learning and Laughter on the Capital Tour!**

June 19,2019 seventeen members and guests toured the Capitol of PA in HARRISBURG. A few facts: We learned the average electric bill for the Capitol is \$42,000/mo. Artist Virginia Oakley asked for and received the same salary as the previous male artist as he died unexpectedly while painting canvases for the Capitol. We saw Governor Wolf in action. The Millworks restaurant hosted our delicious lunch ranging from salads to pork bar-b-que sandwiches. Wonderful day of learning and laughter. Go here to see all the photos. https://carlisle-pa.aauw.net/activities/

AAUW Carlisle donated a scholarship for a girl to attend Camp Invention thanks to your donations at the February

branch meeting. This year, seventy-two campers attended – highest attendance in history of Carlisle's program.
And, thirty-four were girls!



**THANK YOU!** 

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#### **Meet New Members**

#### The Honorable Lisa Grayson

Judge Lisa Grayson has the distinction of being our 95<sup>th</sup> member--one of the many distinctions she has held over her illustrious career in the US Air Force and in the civilian justice system.

Lisa was born and raised in the Carlisle area, and a life-long resident of Cumberland County, except for her absences during periods of active military service. She now resides in North Middleton Township.

Her education includes Penn State University (1993), Dickinson School of Law (1996), USAF Judge Advocate General (JAG) School (2000), Air Operations Weapons System, Combat Operations (2012), and the Air War College (2015). She was commissioned from 1999 to the present, and has served as JAG in various venues in Pennsylvania and Florida.

Moving into private practice in 1996, she served in US District Court, Middle District of PA from 2008 to 2012, and was elected Register of Wills & Clerk of Orphans' Court in 2013. She is mother of three grown children, and a Member of St. John's Episcopal Church.

When not practicing law or involved with her family responsibilities, Lisa enjoys hiking, kayaking, photography and traveling. She also takes up tools to participate in home remodeling.

At the time she joined AAUW Carlisle, she was running a primary campaign for Judge, Cumberland County Court of Common Pleas. AAUW is a good fit for her continued attention to issues affecting women and girls.

# Share why you joined AAUW Carlisle in a sentence or two.

Our webpage needs more quotes https://carlisle-pa.aauw.net/membership/

Send your sentences for quotation to aauwcarlisleinfo@gmail.com

#### **Deb Fulham-Winston**

Deb came to the Carlisle area in 1979 when her husband took a position at Dickinson College. Born in the Boston, MA area, she had lived in Wisconsin, Sorrento Italy and Norwich England. She is the mother of two grown sons who live in the Carlisle area, and loves hanging out with her German Shorthair, Penny, and mutt, Layla.

A graduate of Wellesley High School, she attended Bates College in Maine for two years, then transferred to the College of the Holy Cross in Worchester, MA and graduated with a BA degree in English. She went on to attend the University of East Anglia in Norwich, England with a MA degree in American Studies.

Deb has been involved in non-profit development work for over 30 years in several institutions in the Carlisle and Harrisburg area. For many years she worked on the Pennsylvania Women's Campaign Fund, a Pro Choice PAC. It was her involvement as the Elm Street Campaign Manager, working on a rental ordinance, that focused her on the neighborhoods around downtown Carlisle, and spurred her on to run for office on the Carlisle Borough Council in 2011. Undaunted by her loss in that campaign, she ran again in 2018 and won the seat.

For Deb, volunteering is a hobby. She also enjoys reading and cooking, especially Indian food, both for its flavors and its complexity.

She joined AAUW because at this time, when women's rights and social standing are under attack, she wants to support any organization that is doing things that advocate for and support women.

Pat Markowski Communication Chair



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#### PUBLIC POLICY UPDATE

#### Nancy Sigrist and Kate Elkins, Public Policy Co-Chairs

#### **Black Women's Equal Pay Day**

Median pay for Black women in this country, across all states. is \$.61 for every dollar earned by white, non-Hispanic males. This places the 2018 Equal Pay Day for Black Women on Thursday, August 22, 2019, meaning that is how long a black woman must work before achieving pay equity for 2018. While black women in Pennsylvania fair slightly better at \$.68 to the dollar, there is still such a huge need to improve! To learn more about pay equity and the impact to women of color and Black Equal Pay Day follow this link to AAUW National's website: <a href="https://www.aauw.org/article/black-women-and-the-pay-gap/">https://www.aauw.org/article/black-women-and-the-pay-gap/</a>

#### **Community Volunteer Opportunity**

Volunteers are needed for Hope Station's annual Back 2 School Bash which will be held on Saturday, August 17 from 1:00-3:00 PM at Hope Station. Volunteers are needed for set up, tear down and handing out school supplies. Food and water will be supplied. Volunteers should arrive at 12:15 pm to get materials set up. If you are interested, use this link to sign-up: <a href="https://ttsu.me/reuv2a">https://ttsu.me/reuv2a</a>

#### **Getting Out the Vote!**

Our Voter Registration Sub-Committee has been busy scheduling and holding voter registration events. In June, 10 new voters were registered due to these efforts at the Newville Fountain Festival held on Saturday, June 15<sup>th</sup>. Many thanks to our volunteers: Kate Elkins, Jenifer Johnson, Cindy Murphy and Carol Sharp!

#### And new volunteer opportunities abound!

AAUW Carlisle will conduct voter registration at the upcoming events listed below. Volunteers are needed for shifts; sign up using the designated links for each event to receive more details.

Previous registration experience NOT REQUIRED! Training provided at event and you are never by yourself!

Volunteers will receive more information from Jenifer Johnson: <a href="mailto:jipackard56@gmail.com">jipackard56@gmail.com</a>. Please contact her if you have questions.

**Saturday, August 24 -- Corvette Parade**, on sidewalk in front of St. John's Episcopal Church

Sign-up here: <a href="https://ttsu.me/corvetteparadeaug24">https://ttsu.me/corvetteparadeaug24</a>

**Saturday, September 28 -- Harvest of the Arts Festival**, downtown Carlisle.

Sign-up here: https://ttsu.me/harvestoftheartssept28

#### Mark Your Calendar

The Program Committee organized fabulous programs for this year! Thank you Mary Brunski, Stacey Gatch, and Kathleen Gorak.

	Program and Speaker		
September 24	Summer Program for Youth (SPY)	Deb Sweeney/Jeanna Som	
October 22	Elections – Importance of Educated Voters	Tom Brier	
December 7	Work-Life Balance	Linda Fedrizzi-Williams President, Central Penn College	
January 28	R.A.S.E. – Women and Addiction	Kristin Varner	
February 25	Challenges for High School Girls	Erin Hughes	
March 24	Challenges for College Women – Dorm for Women with Children	Wilson College	
April 28	Scholarship Banquet		
May 26	Suffragettes – My Aunt's Role	Peggy Jennings	

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#### **INTEREST GROUP ACTIVITIES**

#### Wendy Armour Dickinson, Interest Group Chair

AAUW Carlisle Branch has so much to offer its members. The most obvious benefits are the fabulous monthly programs, rigorous public policy program and creative community activities. Branch involvement will keep you very busy.

The Branch offers several other regular activities that offer members the opportunity to learn as well as to get to know their fellow Branch members better.

Dine Out Group
Breakfast Club

Bridge Flight Book Group

**Dine Out** is a new group ready to have their first outing. They plan to go out to dinner at local restaurants. If you are interested, please contact Wendy Armour Dickinson at <a href="https://www.warmourdickinson@hotmail.com">warmourdickinson@hotmail.com</a>.

Breakfast Club is a fun group that goes out for breakfast one Saturday morning per month. Kathleen Gorak chairs the group. Our next breakfast is Saturday August 10<sup>th</sup> at 9 am at the Fairgrounds Diner (1111 Spring Road, Carlisle). If you are interested in going, please let Wendy know by August 7<sup>th</sup>. The next breakfast will be Saturday September 14<sup>th</sup> at 9 am at Momma Spriggs. Please RSVP to Wendy by Wednesday September 11<sup>th</sup>

Bridge Flight is chaired by Darlis Simonton. This group does include non AAUW members who enjoy bridge. It is a fundraiser for the Branch. If you are interested in playing bridge, please contact Darlis (darlissimonton@embargmail.com).

**Book Group** meets the 1st Monday of the month, September - May in members' homes. The 2019/2020 schedule is:

Sept. 9, 2019 at 7 pm Clementine by Sonia Parnell

Oct. 7, 2019 at 7 pm D'Aulaires Book of Greek Myths by Ingrid D'Aulaires and Edgar Paria D'Aulaires

Nov. 4, 2019 at 1 pm Behold the Dreamers by Imbolo Mbundu

Jan. 6, 2020 at 1 pm The Life of Elizabeth I by Allison Weir

Feb. 3, 2020 at 1 pm Educated by Tara Westover

Mar. 2, 2020 at 1 pm The Woman's Hour by Elaine Weiss

Apr. 6, 2020 at 7 pm Still Life by Louise Penny

May 4, 2020 at 7 pm Where the Crawdads Sing by Delia Owens

For Host location, please see the Yearbook, calendar table in monthly newsletter or branch website. The year-end dinner, when books will be chosen for 2020 - 2021, is June 1, 2020 at 6 pm at Fiddler's at Mayapple.

If you are interested in joining a discussion, please advise the hostess the Friday before the Monday discussion. If you are interested in joining the book group, please contact Wendy Dickinson at <a href="mailto:warmourdickinson@hotmail.com">warmourdickinson@hotmail.com</a>
The book descriptions are in

The book descriptions are in Goodreads - they will no longer appear in the newsletter.

We are open to having more interest groups. If you would like to start one, here are some helpful tips:

- Have a first meeting with like minded members.
- The group does not need to meet monthly it is up to the group.
- Schedule next meeting at current meeting.
- Pick a chair or contact person for the group.
- Try to meet at the same time and day of week that group agrees on.
- Advise Wendy of the progress and meeting schedule - it should be included in the monthly newsletter.

Remember, interest groups are here to enhance your branch membership. Enjoy!

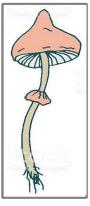
Wendy Armour Dickinson
Interest Group Chair

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# MEMBERSHIP SOCIAL & SILENT AUCTION

**mushroom** /'məSH<sub>r</sub>room,'məSH<sub>room</sub>/ *adj.* rapidly growing, expanding, or developing







# Tuesday, August 27 @ 6:00 p.m.

**Second Presbyterian Church** 528 Garland Street, Carlisle



## SUPPORT BRANCH ACTIVITIES WITH YOUR SILENT AUCTION DONATION:

- The "traditional" approach: Bring a donation for the silent auctionsomething you would like to receive like homemade items (crafts and baked goods), filled theme baskets, artistic items.
- 2. The "creative synergy" approach: Team up with one or two other members to bring one nice basket or creative item.
- 3. The "quick" approach: Bring a small gift card from a favorite local establishment.
- 4. The "easy" approach: Bring nothing!
  Above all we want you to come, socialize and get energized for the new year ahead!

- Branch Plans for 2019-2020
- Reconnect with members
- Meet new members
- Bring a guest
- Bring an auction donation
- · Bring a dish

If Last Name starts with:

A-E: bring finger food

F-P: bring a salad

Q-Z: bring a dessert









## **RSVP by Sunday, August 25**

To Virginia Mauk
Text or call 240.338.2862
or email virginia.mauk@gmail.com



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#### AAUW Carlisle 2019-2020 Board Members

#### **Elected Officers**

President - Ann Pehle

Membership VPs –Gail D'Urso, Virginia Mauk Program VPs –Mary Brunski, Stacey Gatch Finance Officers –Linda Brunski, Barb Attivo Secretary – Stephanie D'Amore Past President – Linkey Green

#### **Standing Committee Chairs**

AAUW Funds – Carol McAnulty
Communications – Pat Markowski
College/University Liaison -- OPEN
Community Activities – OPEN

**Historian** – Rosemary Smith

Interest Groups – Wendy Armour Dickinson

Newsletter - Shirley Gehringer

Public Policy – Kate Elkins, Nancy Sigrist

Scholarship - Lillian Wong

Social Media - OPEN

Yearbook - Carmen Eiserman

**Branching** *Out* is published August to June by the AAUW Carlisle (PA) Branch.

Articles and photos should be submitted to Shirley Gehringer at <a href="mailto:shirleygehringer@gmail.com">shirleygehringer@gmail.com</a> by the 20th of the month. Include the word newsletter and month in the email subject.

Branch website is: <a href="http://carlisle-pa.aauw.net/">http://carlisle-pa.aauw.net/</a>

Like us on Facebook: @AAUWCarlisle

The Board welcomes questions:

aauwcarlisleinfo@gmail.com

Not receiving branch information?

Make sure emails from

<u>aauwcarlisleinfo@gmail.com</u>

aren't going into your junk or spam folder.

#### **Volunteer Opportunities**

If interested, please contact the appropriate Board member. (time commitment)

#### **Projects** (point of contact)

- Join the ad hoc fundraising committee to explore branch fundraising needs and new ways to raise money. (Carol McAnulty, AAUW Funds Chair)
- Serve on the Board as **Diversity and Inclusion Chair.** (Ann Pehle, President)

#### Membership

- Greet members/guests as they arrive to branch meetings (30 min prior to meeting)
- Call members to follow-up periodically (2 hours per month)
- Write notes to welcome new members (2 hours per month)
- Assist with gathering member interests (Various)
- Sew scrap material into new member bags. (Various)

#### Historian

- Take photos at meetings, events for archive and website.
   Use Office Depot discount card to print photo; submit reimbursement; send via email to Social Media lead.
   (Various)
- Organize items for archive. (Various)
- Harvest photos from Facebook and website and print. Use Office Depot discount card to print photo; submit reimbursement. (Various)

#### **Programs**

 Be the Audio/Visual expert at branch meetings. Understand the Dickinson equipment; assist speaker before meeting begins. (30 minutes prior to branch meeting.)

#### **Interest Groups**

• Start a second dining group. (Various)

#### **Community Activities**

• Research ideas and assist with organizing an event. (Various)

#### General

• Branch photographer to take photos at meetings and events. (Various).

