

## Kim Kamowski, Publisher of The Sentinel, Featured Speaker at January 2019 Meeting

The digital age has seen many newspapers and news magazines fold, some permanently, and many finding new life only in creating an on-line digital presence. But those of us in the Carlisle area are grateful to have a published newspaper as The Sentinel continues to have a paper presence.

Our guest speaker for the January branch meeting, Kim Kamowski, is the driving force behind this paper presence, and will speak to the challenges of publishing a print media newspaper in the digital age, highlighting the skills she, as a woman, brings to leading a publishing team.

Kim was appointed to the publisher post in 2018. She is a well known Carlisle native, a graduate of Carlisle High School, and active in the community, serving as a board member of the United Way of Carlisle & Cumberland County and Summerfair Carlisle. She is also a Class of 2018 Fellow of Leadership Cumberland.

Since beginning her career with The Sentinel in 2008, she has progressively moved into areas of higher responsibility, advancing to print sales and marketing manager before she assumed the role of interim publisher in November 2017, a post she held until her appointment as publisher of The Sentinel. In the news release announcing her appointment, Lee Tier 3 Group Publisher Cathy Hughes says, "Her knowledge of the area and her advertising experience make her the perfect choice to lead the team in Carlisle. . ."

There is much to learn about the inner workings of an area newspaper, and we look forward to Kim's discussion of the challenges and opportunities she faces on a day to day basis.

The January 22, 2019 meeting will be held at the Dickinson Holland Union Building (HUB) at 7:00 p.m.

**Pat Markowski**  
*Communication Chair*

**REMEMBER! Holiday Brunch Saturday**, December 8  
10:00am in Social Hall East, Holland Union Building at Dickinson College  
**BRING** toilet paper donation for Community CARES (formerly Carlisle C.A.R.E.S.)  
**RSVP deadline is passed.**

December 4	10:00 a.m.	Warehime-Meyers Mansion Inn 94	305 Baltimore St, Hanover, PA 17331 4805 Carlisle Pike, New Oxford, PA 17350-9738
December 6	1:00 p.m.	Public Policy Committee Meeting	225 South West Street, Carlisle
December 8	10:00 am	Branch Holiday Brunch	Dickinson College Social Hall East, Holland Union Building
January 3	1:00 p.m.	Public Policy Committee Meeting	225 South West Street, Carlisle
January 7	1:00 p.m.	Book Group	Host Kathleen Brennan
January 8	7:00 p.m.	Board Meeting	Bosler Library 158 West High Street, Carlisle
January 19	10:00 a.m.	The Women's March Rally	Carlisle Courthouse Square
January 22	7:00 p.m.	Branch Meeting	Dickinson College Holland Union Building
January 26	9:00 a.m.	Breakfast club	Fairgrounds Diner 1111 Spring Road Carlisle

### From the President

AAUW Carlisle is in the holiday mood. For November and December we suspend our regular fourth Tuesday branch meeting and replace it with a Holiday Brunch. And, the newsletter takes a break too. This issue covers December and January. Look for the next issue early February.

Holiday wishes to you and your family. May you enjoy the season, all the traditions that make the holidays special for you, and time with your family and friends. Remember to be good to yourself.

This time of year also marks the beginning of our elected office nomination process. Kate Elkins has agreed to be the Nominations Chair. She can't do this job by herself. She needs committee members and suggestions for officers. If interested in either or both (yes, you can self-nominate), please contact Kate at [kate.elkins78@gmail.com](mailto:kate.elkins78@gmail.com) or (727) 686-9795.

The term for the open positions, listed below, is July 1, 2019 to June 30, 2021. A position outline is in the [Policy and Procedures](#). For the best information on duties, responsibilities, and time commitment, contact the incumbent or tandem position holder or me. I am happy to share my thoughts on the role and what is planned for the upcoming years.

- President (Ann Pehle)
- Program VP (Kathleen Gorak)
- Membership VP (Sue Royer)
- Finance Officer (Barb Attivo)
- Secretary (Cindy Sutton)

It is important to mention that 'being new to the branch' is a reason to join the Board and not a reason to say no. Many, many members have already served on past AAUW Carlisle and AAUW Pennsylvania boards. We are grateful for their contribution and look to new members to assume leadership positions. There is no better way to learn about AAUW and AAUW Carlisle or to meet new members or to feel a connection to the organization than by serving on the Board.

So, as you are enjoying the holidays, let the idea of becoming a Board member roll around in your head. Then, give Kate Elkins a call.

*Ann Pehle  
President*

## AAUW CARLISLE STRATEGIC PLAN UPDATE

### Ad hoc Fundraising Committee

Met November 28<sup>th</sup> to begin review of branch fundraising needs and identify new methods. Outcome will be a recommendation to the Board. Carol McNulty, AAUW Funds Chair, welcomes committee members. Three to four meetings at day/time to be determined by participants. **Looking for members to join committee.**

**Diversity** Be the first branch Diversity and Inclusion Chair. (Job description <https://www.aauw.org/resource/branch-diversity-and-inclusion-chair/>). **If this interest you, please tell Ann.**

### Girls' Recognition Program

Gail D'Urso had a great idea for a special AAUW Carlisle approach. She suggested recognizing high school girls in Career and Technical Education—Automotive Technology, Business, Carpentry, Childcare, Communications Technology, Computer Networking, Culinary Arts, Health Related Occupations, Workforce Development.

**Gail D'Urso is the project leader and now needs project members** to start investigating how we could implement here.

### Conduct Member Survey

Pat Markowski, Communications Chair, and committee are designing the survey for early 2019 distribution. **Volunteer to be project member.**

### Investigate holding Work Smart salary negotiation workshop.

Nancy Sigrist and Kate Elkins, Public Policy Chairs starting work in early 2019. **Project members needed.**

**Visit** <https://carlisle-pa.aauw.net/strategic-plan/> for information on AAUW, AAUW Pennsylvania and AAUW Carlisle strategic plans. The Board recognizes that the best strategic plans reflect the input from all members. Please send your comments to [aauwcarlisleinfo@gmail.com](mailto:aauwcarlisleinfo@gmail.com).

## COMMUNITY ACTIVITIES

Vicki Carl, Community Activities Chair

### JOIN AAUW CARLISLE MEMBERS AND GUESTS FOR FUN ACTIVITIES!

Twenty-seven attended the Market Cross Pub and Trivia Night, Monday November 19th, in Carlisle. Members, spouses and children enjoyed a delicious pub dinner and then had five teams competing in eight rounds of eight questions in the Monday night Trivia game. Our categories ranged from sports to geography to music of the 80's. One of our teams tied for third place and another placed forth. What a night!



On **December 4th**, eighteen toured the 107-year-old Warehime-Myers Mansion in Hanover, PA and its showcase of 40 decorated Christmas trees. Then off to Inn 94 in New Oxford for lunch.

Read more about both events at <https://carlisle-pa.aauw.net/activities/>



**February 5, 2019:** Join us for a **Private Hands-On Cooking Event** at The Kitchen Shoppe at 101 Shady Lane, Carlisle, PA. Members, spouses, guests welcome for \$60 per person. **We must have 15 registered and paid by January 20, 2019 to hold this event.** Arrival time is 5:00 pm, we begin our prep at 5:30 pm and will end our evening

by enjoying a six course meal, made from start to finish by us! BYOB--Alcoholic beverages are permitted once the knives are stored. We also receive a 10% discount at the store that evening, and copies of the recipes and beverages are included in our fee.



Contact Vicki Carl (victoria.carl15@gmail.com or 717-514-3399) and mail your check to **arrive by January 20th** to 486 Mountain Road, Boiling Springs, PA 17007.

## PUBLIC POLICY UPDATE

Nancy Sigrist and Kate Elkins, Public Policy Co-Chairs

### The Women's March Rally Save the Date!



AAUW Carlisle is working with several other community partners to produce a rally on January 19th in conjunction with The Women's March which will take place nationwide in multiple locations around the country. Our rally will focus on issues important to women and

girls with several guest speakers to help highlight our important message. We are seeking permission to rally in front of the Courthouse at High and Hanover Streets in Carlisle from 10:00 a.m. to Noon. So please save the date and watch for further details as they unfold!

### Carlisle Camp Invention

For the third year, AAUW Carlisle will provide a scholarship for a girl to attend Camp Invention—the one week summer camp focused on STEM. The 2018 recipient shared her experience at the [September Topic Talk](#).

2019 session is June 24-28 at Wilson Middle School. Jim Burgess, Camp Director, is looking for someone who is enthusiastic about the camp and will promote it to organizations to increase scholarship donations. Promote at public and private schools in and around Carlisle to boost enrollment. Also available on the first and last day to assist with set-up and logistics.

The volunteer gets a free scholarship for a camper at the camp and discounts for additional campers. Contact Ann Pehle ([aauwcarlisleinfo@gmail.com](mailto:aauwcarlisleinfo@gmail.com)) for more information.

## PUBLIC POLICY .....continued

### Nancy Sigrist and Kate Elkins, Public Policy Co-Chairs

### What's Happening with Title IX?

Under the current administration, Betsy DeVos, Secretary of Education, has moved aggressively to change and weaken protections provided to women and girls under Title IX.

In 2017, the Department of Education rescinded two documents that provided much-needed clarification about what Title IX requires schools to do to prevent and address sex discrimination in education. The *2011 Dear Colleague Letter on Sexual Violence* and a *2014 Q&A on Title IX and Sexual Violence* gave critical guidance to schools about their legal obligations under Title IX to address allegations of sexual assault in a timely and fair way and to establish guidelines for how to handle these allegations. These rollbacks set the stage for further weakening of Title IX with the announced Notice of Proposed Rulemaking in November 2018. This proposal represents a significant rollback of protections including actions that:

- Narrow the definition of sexual harassment to potentially exclude much of the abuse students experience
- Alter when schools will respond to reports of sexual harassment and assault
- Add processes that make it more difficult for students to come forward and report sexual harassment or assault

We are now in the 60 day period for public comment to the Notice for Proposed Rulemaking. It is critical that advocates for women and girls speak up to save protections that are Title IX. Let your voice be heard! Here is what YOU can do to make a difference:

- Learn more about these proposed changes by using this link to AAUW's response: <https://www.aauw.org/article/the-attack-on-title-ix/>
- Take action! Add your name to oppose these changes by using this link: [http://salsa4.salsalabs.com/o/50796/p/dia/action4/common/public/?action\\_KEY=25579](http://salsa4.salsalabs.com/o/50796/p/dia/action4/common/public/?action_KEY=25579)

AAUW stands with survivors. We are committed to protecting and defending Title IX. We must ensure full and equal educational opportunities for all students. If you haven't already responded to the AAUW Action Alert, we urge you to [join us in demanding the Department of Education withdraw this dangerous proposal](#). Title IX requires the government to ensure all students have equal access to education, and we will continue using our voices to ensure the Department fulfills this responsibility.

## INTEREST GROUP ACTIVITIES

### Wendy Armour Dickinson, Interest Group Chair

#### Book Group

Circling the Sun: A Novel  
Paula McLain  
Monday, January 7, 2019, 1 p.m.  
Kathleen Brennan

Brought to Kenya from England as a child and then abandoned by her mother, Beryl is raised by both her father and the native Kipsigis tribe who share his estate. Her unconventional upbringing transforms Beryl into a bold young woman with a fierce love of all things wild and an inherent understanding of nature's delicate balance. But even the wild child must grow up, and when everything Beryl knows and trusts dissolves, she is catapulted into a string of disastrous relationships.

Beryl forges her own path as a horse trainer, and her uncommon style attracts the eye of the Happy Valley set, a

decadent, bohemian community of European expats who also live and love by their own set of rules. But it's the ruggedly charismatic Denys Finch Hatton who ultimately helps Beryl navigate the uncharted territory of her own heart. The intensity of their love reveals Beryl's truest self and her fate: to fly.

Set against the majestic landscape of early-twentieth-century Africa, McLain's powerful tale reveals the extraordinary adventures of a woman before her time, the exhilaration of freedom and its cost, and the tenacity of the human spirit.

Additional information about the book and the author are online. All branch members are always welcome to attend any book discussion meeting of interest to them. Please call or email the hostess by Friday, January 4, 2019.

#### Breakfast Club

Our next event is Saturday, January 29 at 9:00 a.m. when we will breakfast, enjoy great conversation and each other at the Fairgrounds Diner, 1111 Spring Rd, Carlisle. Join our exploration of Carlisle's breakfast establishments! RSVP to Kathleen Gorak, [kg1562@gmail.com](mailto:kg1562@gmail.com) or (717) 386-7466 so she can reserve enough seats.

**AAUW Carlisle  
2018-2019 Board Members**

**Elected Officers**

**President** – Ann Pehle

**Membership VPs** – Sue Royer, Gail D’Urso

**Program VPs** – Kathleen Gorak, Mary Brunski

**Finance Officers** – Barb Attivo, Linda Brunski

**Secretary** – Cindy Sutton

**Past President** – Linkey Green

**Standing Committee Chairs**

**AAUW Funds** – Carol McAnulty

**Communications** – Pat Markowski

**Community Activities** – Vicki Carl

**Historian** – Rosemary Smith

**Interest Groups** – Wendy Armour Dickinson

**Newsletter** – Shirley Gehringer

**Public Policy** – Nancy Sigrist, Kate Elkins

**Scholarship** – Lillian Wong

**Social Media** – Ann Pehle

**Yearbook** – Carmen Eiserman

**Special Committee Chair**

**95th Celebration Coordinator** – Becky Morgenthal

**Branching Out** is published August to June by the AAUW Carlisle (PA) Branch.

Articles and photos should be submitted to Shirley Gehringer at [shirleygehringer@gmail.com](mailto:shirleygehringer@gmail.com) by the 20th of the month. Include the word newsletter and month in the email subject.

Branch website is: <http://carlisle-pa.aauw.net/>

Like us on Facebook: @AAUWCarlisle

The Board welcomes questions:

[aauwcarlisleinfo@gmail.com](mailto:aauwcarlisleinfo@gmail.com)

***Not receiving branch information?***

***Make sure emails from***

***[aauwcarlisleinfo@gmail.com](mailto:aauwcarlisleinfo@gmail.com) aren't going into your junk or spam folder.***

**BIG Thank You!**

to Loretta Maddox

for copying and mailing the newsletter to our members without email.

## Volunteer Opportunities

If interested, please contact the appropriate Board member.  
(time commitment)

### Projects (point of contact)

- Join the **ad hoc fundraising committee** to explore branch fundraising needs and new ways to raise money. (Carol McAnulty, AAUW Funds Chair)
- Serve on the Board as **Diversity and Inclusion Chair**. (Ann Pehle, President)
- Join the **Conduct Member Survey** project team. (Pat Markowski, Communications Chair)
- Join the **Work Smart** project team. (Nancy Sigrist and Kate Elkins, Public Policy Chairs)
- Join project committee to plan how to **Recognize girls in Career and Technical Education at Carlisle High School**. (Gail D’Urso, Chair)

### Membership

- Greet members/guests as they arrive to branch meetings (30 min prior to meeting)
- Call members to follow-up periodically (2 hours per month)
- Write notes to welcome new members (2 hours per month)
- Assist with gathering member interests (Various)

### Historian

- Take photos at meetings, events for archive and website. Use Office Depot discount card to print photo; submit reimbursement; send via email to Social Media lead. (Various)
- Organize items for archive. (Various)
- Harvest photos from Facebook and website and print. Use Office Depot discount card to print photo; submit reimbursement. (Various)

### Programs

- Be the Audio/Visual expert at branch meetings. Understand the Dickinson equipment; assist speaker before meeting begins. (30 minutes prior to branch meeting.)

### Interest Groups

- Start a second dining group. (Various)

### Community Activities

- Research ideas and assist with organizing an event. (Various)

### 95th Anniversary Celebration

- Participate in the planning of our year-long celebration. (Various)

### General

- Branch photographer to take photos at meetings and events. (Various)