

DELICIOUS, HEART HEALTHY DELIGHTS

Join us, on Tuesday, February 27 in the Family & Consumer Science room at Lamberton Middle School as Gail D'Urso and Carmen Eiserman, retired Family & Consumer Science professionals, present "Delicious, Heart Healthy Delights."

Carmen and Gail have developed adaptations to some traditional favorite foods to include increased fiber, less salt, and added disease-fighting antioxidants and heart-healthy fats. We will have the opportunity to complete the last steps on these recipes and taste the foods we prepare together. Ample parking is available in front of Lamberton, right across the road from Chick-Fil-A on South Hanover Street.

NOTE: THIS MEETING WILL BEGIN AT 6:30 AT THE LAMBERTON MIDDLE SCHOOL.

*Gail D'Urso,
Carmen Eiserman
Program Chairs*

AAUW Carlisle Members in Action!

AAUW has a long tradition of supporting STEM, especially for girls. So it is not surprising to find several members giving of their time as judges for the Carlisle Area School District Science Fair. On Friday, January 19th, Doreen Baringer, Shirley Gehringer and Nancy Sigrist spent the evening scoring various science projects on display at the Carlisle High School. It was not an easy job given the many strong entries that demonstrated hard work, knowledge and dedication by the students!



FEBRUARY DATES TO REMEMBER

Mon.	Feb. 5	1:00p.m.	Book Group	Wendy Armour Dickinson
Sat.	Feb. 10	6:30p.m.	Gourmet Group @ Restaurant tbd	Wendy Armour Dickinson & Franklin Edwards
Sat.	Feb. 24	11:00-2:00	AAUW Voter Registration	Hamilton Elementary School
Tues.	Feb. 27	6:30p.m.	Branch Meeting	Lamberton Middle School

Future DATES TO REMEMBER

4/10/2018	Equal Pay Day (watch for member upcoming details)
4/13--15/2018	AAUW-PA State Convention https://aauw-pa.aauw.net/meetings/conventions/
4/16/2018 2:30 p.m.	Fair District PA Rally in Harrisburg. Watch for additional details!
4/17/2018 7:00 p.m.	Topic Talk—Title IX Acting CASD Superintendent Christina Spielbauer discussion leader Location TBD
5/14/2018 7:00 p.m.	Topic Talk - Deeper in Debt with Peggy Jennings as discussion leader Location TBD.

MESSAGE FROM THE PRESIDENT

I start my column acknowledging the sad news of the passing of Audrey Aarhus. My personal memories are her insightful comments which added richness to meeting discussions. And, at one Christmas lunch, learning of her devotion to foster children. Reading her obituary introduced me to aspects of her life I was not aware – Camp Koala, for example. It reminded me of the awesomeness of our members and the richness of our lives. I want the AAUW Carlisle culture to encourage knowing one another beyond superficial pleasantries and celebrates our many accomplishments as dynamic and influential women. The Board welcomes your suggestions on strategies for how.

I have been thinking a lot about AAUW Carlisle's place in the Carlisle community. If you attended the Holiday Lunch, you heard Margee Ensign share an incredible story of the power of being involved in a community. I remember thinking it will be fascinating to see the impact of her presence in Carlisle. In mid-January, I registered to attend the MLK Commemorative Luncheon as a representative of AAUW Carlisle. The response was – "oh, you are from a very important organization." While flattered, I thought – really? What is the impact of AAUW Carlisle on our community? Guided by the AAUW mission, how can we make a real, substantive, continuous contribution to Carlisle? The Board welcomes your suggestions.

What I do know, is we must be active and present. So, in January, we were. Kate Elkins and I attended the MLK Commemorative Luncheon. See the articles on the experiences of AAUW Carlisle members judging the CASD school science fair and attending the Women's March in Gettysburg. Virginia Mueller, Holly Smith and I attended the Women of Carlisle Town Hall Meeting on January 22nd sponsored by the Carlisle Police Borough. We are building relationships and introducing AAUW to our neighbors--necessary first steps in making a difference. And, check out <https://carlisle-pa.aauw.net/category/this-and-that/> for more member sightings.

At the beginning of every President's two-year term, the branch Policies and Procedures document is to be reviewed. At the January Board meeting, the revised document was approved. To view, click <https://carlisle-pa.aauw.net/join-us/> and scroll down to last paragraph. On Saturday, February 10, the Board is meeting to resume our strategic planning discussion.

2018 is going to be an exciting year. I am glad you are a member.

Ann Pehle

CAMP INVENTION 2018

For the third year, our AAUW Carlisle Branch will fund a scholarship for a female student to attend Camp Invention. This year the camp will be held June 18 - 22 at Bellaire Elementary School. In addition, several of our members fund a scholarship for a student. Maybe you, or you and a friend, would like to fund a scholarship.

This year each student will take home two personalized robots. The campers will spend a thought provoking week inventing something everyday. The activities focus on STEM with projects such as how sensors are used in autonomous vehicles to investigating magnetic slime.

To learn more about Camp Invention go to www.campinvention.org

Checks in the amount of \$225 payable to: National Inventors Hall of Fame, Inc. Acct: C-PA07-14701-18 noted in the memo line.

Send checks to: National Inventors Hall of Fame, Inc. 3701 Highland Park St. NW North Canton OH 44720

Mary Berwick



Thanks, AAUW Branch Members!

Thanks to the generosity of branch members at the December 2017 brunch, \$505.00 was raised through the centerpiece opportunity raffle! That was a record breaking donation to branch initiatives which support the AAUW mission projects. One of those projects was a scholarship for a young person to attend Camp Invention.

*Marjie Mowery,
AAUW Funds Chair*

2018 BRINGS ANOTHER YEAR OF PUBLIC POLICY ACTION!

AAUW Carlisle is on a Public Policy roll! With the launch of the New Year, we have hit the ground running. Here is a look at what has happened so far and what is coming up soon:

WOMEN'S MARCH - GETTYSBURG

The Women's March launched last January with women, and many of their supporters, marching all over the country and all over the world. It was estimated that over 5 million people marched worldwide! The Women's March became more than a one-time protest. It became a movement, inspiring many into action. People became involved where they had not been involved before! Women stepped up not only to support candidates that share their beliefs on critical issues, but to run for public office themselves!

On Saturday, January 20th, several AAUW Carlisle members and friends caravanned to Gettysburg to join the Women's March Gettysburg in support and celebration of the first anniversary of this historic movement. It was especially fitting that marchers gathered at Lincoln Square which honors our great President Lincoln and his "Gettysburg Address".

The event kicked off with a warm welcome to several hundred marchers followed by speeches from local citizens, community leaders and politicians. After rallying the crowds, leaders launched the march which meandered through downtown Gettysburg from Lincoln Square to Unity Park.

AAUW Carlisle marchers included Sue Royer and friend Lorraina, Kate Elkins, Molly Shane, Robin Filder and husband Ray, Phyllis Orenyo, and Nancy Sigrist with husband Bob. Thanks to Sue for being our "Organizer in Chief"!



BLACK HISTORY FESTIVAL

On Saturday, February 24th from 11:00 to 2:00, Carlisle Hope Station invites you to attend their 3rd annual celebration of Black History Month. This event will be held at Hamilton Elementary School, 735 Clay Street, Carlisle, PA 17013. Expect to hear speakers, view displays by community organizations and local businesses and enjoy festival performances.

AAUW Carlisle plans to participate by setting up a Voter Registration booth in our on-going effort to get out the vote! If you would like to help, please contact Ann Pehle.

****OTHER INTERESTING INFO****

PENNSYLVANIA REDISTRICTING LAWSUIT

Pennsylvania's congressional district map is commonly considered one of the most gerrymandered in the country but is it unconstitutional? This question that will be decided by Pennsylvania's Supreme Court in a case filed by 18 Democratic voters and the League of Women Voters.

Opening arguments were heard on Wednesday, January 17th before the Supreme Court in Harrisburg. Our Ann Pehle joined an audience of observers hoping to get a sense of the arguments presented and possible reactions by the Court. Ann reports that both sides presented well-reasoned arguments and she left without any certainty as to where the court could be leaning. Ann says it will be exciting to hear how the Court handles this suit. Their decision will be important to Fair District PA advocates and could impact what needs to be done in order to change the Pennsylvania laws around this issue.

Keep your eyes peeled for details about other important and fun events offered by your Public Policy Committee! For example, we are planning activities around Equal Pay Day, additional Get Out the Vote projects plus Topic Talks that will focus on Title IX and Deeper in Debt.

*Nancy Sigrist
Public Policy Chair*

VOLUNTEER OPPORTUNITIES

		Time Commitment	Contact
Volunteer Opportunity <i>Shaded indicates time sensitive or new opportunity</i>			
Membership	Greet members/guests as they arrive to branch meetings	30 min prior to meeting	Sue Royer
Membership	Call members to follow-up periodically	2 hours per month	Carolyn Freberg
Membership	Write notes to welcome new members	2 hours per month	Carolyn Freberg
Membership	Assist with gathering member interests (process for new members; ask current members; analyze)	Various	Sue Royer Carolyn Freberg
Public Policy	Saturday, February 24 11am-2pm Hamilton Elementary Register voters at Black History Festival	1 hour shift	Ann Pehle
Public Policy	Manage volunteer scheduling using a website tool (learn website tool; heavy email activity)	Various	Nancy Sigrist
Public Policy	Host a Topic Talks event. This book-group style evening event brings members together to discuss a public policy topic. 15-20 attendees; host provides beverages; volunteers provide refreshments.	2 hour event	Nancy Sigrist
Historian	Take photos at meetings, events for archive and website (Use Office Depot discount card to print photo; submit reimbursement; send via email to Social Media lead)	Various	Rose Smith
Historian	Scrapbook current items for archive (submit reimbursement)	Various	Rose Smith
Programs	Be a branch meeting program chair (work with speaker on program details; write article for newsletter; introduce speaker at meeting; email activity)	5 hours (over months)	Kathleen Gorak Carmen Eiserman
Programs	Be the Audio/Visual expert at branch meetings (understand Dickinson equipment; assist speaker before meeting starts)	30 minutes before a branch meeting	Kathleen Gorak Carmen Eiserman
Interest Groups	Start a second dining group	Various	Wendy Armour Dickinson
Cultural Outings	Research ideas; assist with organizing an event	Various	Don Mowery
Cultural Outings	Coordinate an event from concept through event	Various	Don Mowery
Funds	Assist with scholarship solicitation letter	3 hours January	Marjie Mowery
Newsletter	Become the newsletter editor beginning with August 2018 edition.	10 hours monthly	Ann Pehle
Bridge Flight	Coordinate and administer AAUW Bridge Flight	2 hours a month	Ann Pehle
General	Join Pat to create a basket for AAUW-PA State Convention Fundraiser	3 hours now to April 5	Pat Markowski

The SUPPER CLUB f/k/a The Gourmet Group

Saturday, February 10, 2018 6:30 p.m.
Restaurant - TBD
Wendy Armour Dickinson & Franklin Edwards

The AAUW BREAKFAST CLUB

AAUW Carlisle has a new opportunity for You! Please join us Saturday, 17 March for the AAUW Breakfast Club. We will meet at 9 am at Fay's on South Hanover Street. Please respond to Kathleen Gorak at kg1562@gmail.com. If you have any questions, please contact Wendy Armour Dickinson (warmourdickinson@hotmail.com or 717-514-3322).

Wendy Armour Dickinson,
Chair

BOOK GROUP

The Black Calhouns by Gail Lumet Buckley
Monday, February 5, 2018, 1 p.m.
Wendy Armour Dickinson
warmourdickinson@hotmail.com or 717-514-3322

In *The Black Calhouns*, Gail Lumet Buckley—daughter of actress Lena Horne—delves deep into her family history, detailing the experiences of an extraordinary African-American family from Civil War to Civil Rights.

Beginning with her great-great grandfather Moses Calhoun, a house slave who used the rare advantage of his education to become a successful businessman in post-war Atlanta, Buckley follows her family's two branches: one that stayed in the South, and the other that settled in Brooklyn. Their paths intersected with many prominent figures including Frederick Douglass, Booker T. Washington, Walter White, W. E. B. Du Bois, and Langston Hughes. Through the lens of her relatives' momentous lives, Buckley examines major events throughout American history. From Atlanta during Reconstruction and the rise of Jim Crow, to New York City during the Harlem Renaissance, from world wars to the civil rights movement, this ambitious, brilliant family witnessed and participated in the most crucial events of the nineteenth and twentieth centuries.

Combining personal and national history, *The Black Calhouns* is a unique and vibrant portrait of six generations during dynamic times of struggle and triumph.

Additional information about the book and the author are online. All branch members are always welcome to attend any book discussion meeting of interest to them. Please call or email the hostess by Friday, February 2, 2018.

AAUW offers the ¡Adelante! Book Club. The February 2018 discussion on February 7 at 7:30pm. Click [here](#) to register.

The Firebrand and the First Lady: Portrait of a Friendship: Pauli Murray, Eleanor Roosevelt, and the Struggle for Social Justice Patricia Bell-Scott, Ph.D., 1984–85 AAUW American Fellow

When 28-year-old Pauli Murray wrote a letter to President Roosevelt and his wife, Eleanor, protesting southern segregation, she could not have known that it would start a friendship that would last for 25 years. But that is exactly what happened after First Lady Eleanor Roosevelt responded to the letter. *The Firebrand and the First Lady* provides the first substantive study of how two social justice activists — one the granddaughter of a mixed-race slave, the other a woman whose ancestry made her eligible for membership in the Daughters of the American Revolution — formed a relationship that changed the course of race and racism in the United States.

See the AAUW Website for online discussion.

Wendy Dickinson
Book Group Chair

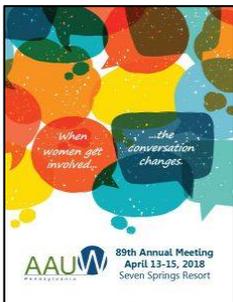
AAUW-PA State Conference

When women get
involved...the conversation
changes

Join AAUW Carlisle members at
the state conference April 13-15,
2018 at Seven Springs Resort.

Click [here](#) for agenda and
conference and hotel registration.

Want to share a room and/or
carpool? Send an email to
aauwcarlisleinfo@gmail.com to be
added to the list and receive the
names of other interested
members.



OUR WEBSITE GETTING ATTENTION

AAUW Carlisle's website (<http://carlisle-pa.aauw.net/>) is featured in the AAUW Skills Training Seminar - Small But Mighty. Scroll down to watch all past webinars. <https://www.aauw.org/event/2018/01/skill-training-webinars/>

MOZAMBIQUE BURSARY PROJECT FOLLOW-UP

If you attended our January 23rd branch meeting, you learned about the Mozambique Bursary Project sponsored by the Unitarian Universalists of the Cumberland Valley. This project provides funds to enable girls in Mozambique villages to attend secondary school, something that is not affordable to most rural families. By continuing their education, these girls have a better chance of delaying marriage, bearing fewer children, assisting their families financially, becoming community leaders and ensuring a more fulfilling future. A bursary costs about \$300 a year and pays for a girl's school uniform, supplies, food and board since most girls live too far from the schools to be able to attend otherwise. If you would like to contribute, make your check payable to "UUCV Mozambique Bursary" and mail it to UUCV Mozambique Bursary Project, P.O. Box 207, Boiling Springs, PA 17007. Contributions are tax-deductible, and any gift amount is helpful. For more information, visit

<http://www.uucv.net/about/committees/social-justice/justice/mozambique/>

Molly Shane



2017-2018 Board Members

Elected Officers

President – Ann Pehle

Membership VPs – Carolyn Freberg, Sue Royer

**Program VPs – Carmen Eiserman,
Kathleen Gorak**

Finance Officers – Barb Attivo, Mary Long

Secretary – Cindy Sutton

Past President – Linkey Green

Committee Chairpersons

Communications/Interviews — Pat Markowski

AAUW Funds — Marjie Mowery

Historian — Rosemary Smith

Newsletter – Phyllis Orenyo

Social Media – Ann Pehle

Public Policy — Nancy Sigrist

Scholarship – Lillian Wong

Yearbook – Carmen Eiserman

Interest Group Coordinators

Book Group – Wendy Armour Dickinson

Bridge Flight – Mary Berwick

Community Activities – Don Mowery

Gourmet Group – Wendy Armour Dickinson

Branching Out is published August to June by the AAUW Carlisle (PA) Branch. Articles and photos should be submitted to Phyllis Orenyo at cporenyo@yahoo.com or 249-8473 by the 20th of the month. The Board welcomes questions at aauwcarlisleinfo@gmail.com. The branch website is: <http://carlisle-pa.aauw.net/>.

AAUW Glossary of Terms

Diversity Statement – In principle and in practice, AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, disability, or class.

Dual Member – Member of more than one branch who pays national dues through their primary affiliate and any required additional dues through the appropriate secondary affiliates(s).

E-Student Affiliate (e-SAF) – E-student affiliation status is free to all undergraduate students attending an AAUW C/U Member institution. States and branches set their own e-student-affiliate fees. E-SAFs receive electronic copies of AAUW's publications and research and have access to all AAUW's student-leadership resources and benefits. Upon graduation, their status automatically changes to a one-year, national membership.

Educational Opportunities Fund – The Educational Opportunities Fund (under AAUW Funds) supports all educational programs, including fellowships and grants, the fellows' alumnae initiative, and the undergraduate scholarship program. Individual fellowships and grants can be supported using their specific fund number.

Linkey Green